

**16:56:18**      **From Linda - DigniGardener, Oregon : Greetings, greetings everyone!!**

16:51:48      From Mr. Alyi Patrick Opiro : from Alyi Uganda

16:54:25      From Jillian Post : Lovely music! Checking in briefly from Nebraska, USA. I will have to step away in about 30 minutes and not return until this afternoon. Hope everyone is surviving this incredibly challenging time.

16:55:25      From Hayal Köksal : Hi my dearest dignity friends. Loves from Istanbul, Turkey. Hi dear Evelin and Linda.

16:56:13      From Boyer : And dignified Greetings to all from Germany! I'm still in the office, so I will be very quiet. ;) ☺

16:56:18      From Linda - DigniGardener, Oregon : Greetings, greetings everyone!!

16:56:33      From David Yamada-Dignigardner-Boston : Welcome everyone, with a special hello to those who are new to our workshop!!!!

16:56:54      From Evelin - Dignigardener, Europe : Welcome to everyone also from Evelin!

16:57:08      From Evelin - Dignigardener, Europe : It is lovely to have you with us!

16:57:48      From Alfano Nora to Evelin - Dignigardener, Europe(Direct Message) : Thrilled to be here.

16:57:53      From Hélène Lewis : Hello Everyone - warm wishes. Hélène

17:01:19      From Mara-DigniGardener-Vienna today : Welcome and hello! :)

17:01:24      From ella : Hello everyone and warm greetings from Finland! Ella

17:02:27      From Ariel : Good morning from upstate New York, USA - lovely to be with everyone!

17:02:27      From Mara-DigniGardener-Vienna today : Greetings!

17:02:51      From shao : Good Morning everyone from PA!

17:02:54      From Ariel : What a sweet soothing video

17:03:00      From Howard Richards : Hello everyone ! Warm Greetings from Chile.

17:03:01      From Leland Beaumont : Greetings from Middletown, NJ USA

17:03:15      From David Yamada-Dignigardner-Boston : So great to see folks from all over the world joining us! We know for some of you it's very early morning or very late at night! 🙄

17:03:26      From Gisela Michalik : Hello from Hamelin, Germany

17:03:27      From Beth Boynton (She/Her) : Hi everyone.

17:03:29      From Peter Barus : Greetings from Vermont!

17:03:30      From Carly McCarty : Good morning from Southern California! Glad to be here with all of you this rainy morning

17:03:48 From Hélène Lewis : Hi from South-Africa 🍷

17:03:51 From Beth Boynton (She/Her) : NH USA!

17:04:29 From Joanie Calem (she/her) : Good morning from Columbus OH

17:05:26 From Ariel Lublin - upstate NY, USA : Truly gorgeous video - thank you!

17:05:45 From Ariel Lublin - upstate NY, USA : And hello Linda - thank you for the warm welcome! <3

17:05:58 From karindremel : Guten Morgen von Boiler, CO

17:06:05 From karindremel : Boulder

17:06:25 From Yoav Peck : Good to be back. Eager to be with you all as much as possible. Yoav Peck, Jerusalem, Israel

17:06:35 From Lucien Lombardo : Hello everyone from Central NY! I miss my train ride from Syracuse to NYC to be with you all!!

17:07:25 From Mara-DigniGardener-Vienna today : 30 countries!!

17:08:14 From Mara-DigniGardener-Vienna today : Labor of Love!

17:08:33 From Jillian Post : 😊

17:08:35 From Ariel Lublin - upstate NY, USA : Thank you to everyone for your LOVE, and for your LABOR

17:11:19 From Jillian Post : Thank you!

17:13:02 From Gershon : So pleased to be here, gershon from Pittsburgh pa

17:14:22 From Danielle Coon : <https://www.thewayoutofpolarization.com/>