

**Chat of Day Three of the 2021 Workshop on Transforming Humiliation and Violent Conflict, Virtual at Columbia University, New York City, December 9 – 11, 2021**

- 17:10:07 From Gershon : what a gorgeously beautifully inspiring delicious way to begin the day...warmest appreciation Martha
- 17:26:56 From Emmanuel Ndahimana : Thomas give me your email address
- 17:27:09 From Jingyi Dong : So beautiful!
- 17:27:32 From Carol Smaldino : I was asking about owning our violence. I could send you a guest list if you want. And thank you for your present presence.
- 17:27:45 From Evelin - DigniGardener, Europe to Genevieve Vaughan(Direct Message) : Wonderful to see you!!!
- 17:27:57 From Joanie Calem (she/her) : Such resonance!
- 17:27:58 From Georg-Wilhelm Geckler : Who is singing this?
- 17:28:02 From Gershon : what a beautiful way to begin this session----inspiring
- 17:28:31 From Janet Gerson DigniGardener NYC : Yes, Carol, please do put the list in the chat to share. Thanks for that, Tony, Carol, and Fatma, and Evelin.
- 17:28:47 From Hayal Köksal : how lovely
- 17:28:56 From Peter Barus : The machine is dropping me in and out!
- 17:31:29 From Janet Gerson DigniGardener NYC : Wow, Linda, so well stated!
- 17:35:13 From Hayal Köksal : very impressive !
- 17:35:43 From Anne Wyatt-Brown : Thank you, Linda. I'll try to remember to ask you to turn on my camera when we go to the Connection-Reflection Groups!
- 17:37:41 From Fatma DigniGardener, PA : I loved the book cover!
- 17:41:56 From Sultan Somjee : Evelin's personal stories are most touching.
- 17:44:58 From Harvey Newman : You can give a person a fish or you can teach them how to fish. When you give them a fish you deprive them of their ability to be free of charity.
- 17:46:10 From Joanie Calem (she/her) : @Harvey, but sometimes the person is too starving to learn to fish, so you at least provide the fish initially, knowing that eventually you will hopefully transform the experience into one of learning to fish.
- 17:47:03 From Harvey Newman : @ Joanie. Of course.
- 17:48:08 From Mecke Nagel (she/her) : Did the early call for solidarity by Northern working class men include affinity with Global South residents/workers? I am thinking specifically of resisting the global colonial system
- 17:50:53 From Peter Barus : I think I hear a new distinction of Solidarity, we could call it Unbounded Solidarity...

17:51:58 From Elaine - DigniGardener, NYC : Yes. Unbounded solidarity.

17:53:14 From Peter Barus : There is substantial work in this area, by Howard Richards, Gavin Andersson and others, including a workshop curriculum.

17:53:54 From Ariel Lublin - upstate NY, USA : Our group had a lovely time connecting from western Canada, eastern US (NY state), Spain (near , and South Africa, and finding shared interests including philosophy, conflict resolution on multiple levels, eradicating prisons, impacts of Omicron

17:54:07 From Ariel Lublin - upstate NY, USA : Oops - was editing - sorry - but close enough <3

17:58:26 From Ariel Lublin - upstate NY, USA : Also partnering between practitioners and people on the ground/in the field, and ideas/overarching reflections - this summary is very inadequate but i wanted to offer something ;-)

17:58:43 From Mr. Alyi Patrick Opiro-Uganda : I see a possible future in the WDU from the on going words of Evelin Thanks a lot get in touch with me at palalur@yahoo.co.uk

18:11:18 From Isabel B. : Brilliant as usual, Evelin!

18:11:55 From Hayal Köksal : An excellent presentation and presenter. Thank you dear Evelin.

18:12:08 From Gershon : profoundly deeply inspiring

18:12:43 From Evelin - DigniGardener, Europe to Jingyi Dong(Direct Message) : Love you!!!

18:14:06 From Donna Fujimoto : host has stopped my video

18:14:56 From Evelin - DigniGardener, Europe to Genevieve Vaughan(Direct Message) : Wonderful to see you, dear Genevieve!

18:15:15 From Evelin - DigniGardener, Europe to Hélène Lewis(Direct Message) : What a gift to see you!

18:15:55 From Thomas Daffern : Evelin ought to publish a dictionary of all her new words.. I did this for some of mine back in 2020 when I published my own coinages.. Evelin is the only other thinker I have met who is a fecund in her coinages - so please do a Dictiotnary !

18:17:06 From Catharina Carvalho : Able to listen in byt not participate, sorry

18:17:24 From Catharina Carvalho : Please forgive me

18:17:47 From Catharina Carvalho : I worked with both of them!

18:17:50 From Catharina Carvalho : Thank you!

18:17:57 From Catharina Carvalho : Honored you shred this info.

18:18:00 From Catharina Carvalho : shared

18:29:52 From Evelin - DigniGardener, Europe to Donna Fujimoto(Direct Message) : I love you!

18:31:43 From Jingyi Dong : Thank you SO much, Dearest Linda!!!

18:31:47 From Linda - DigniGardener, Oregon : Thank you for turning off your cameras...

18:32:30 From Evelin - DigniGardener, Europe to Linda - DigniGardener, Oregon(Direct Message) : I will explain this song, is that ok?

18:33:07 From Jingyi Dong : This is the song by a poor rural college student, who is stuck in difficulty by COVID-19, but who is trying to inspire himself and his friends.

18:33:35 From Peter Barus : I love that the kanji light up as he sings the words...

18:33:59 From David Yamada-Dignigardener-Boston : Beth, Peter, Donna, Elaine and I covered a lot in response to Evelin's talk: Negative attitudes towards those advocating for human dignity, trust building and creating psychological safe spaces that enable risk-taking, the tendency to to hand wringing in these uniquely challenging times vs taking action (despair vs. hope), and the dominance model for ensuring safety and accompanying mindsets.

18:34:04 From Isabel B. : I think "kanji" is only applied to Japanese... That would be ideograms.

18:34:18 From Thomas Daffern : I loved Evelin's creative use of language and suggest she ought to write her new words up in a dictionary.. this is my own contribution to that project.. <https://www.lulu.com/en/gb/shop/dr-thomas-clough-daffern/a-dictionary-of-new-words-for-a-new-global-peace-civilisation/paperback/product-1dz9pr5p.html?page=1&pageSize=4>

18:34:48 From Beth Boynton (She/Her) NH USA : Beautiful!

18:34:54 From Joanie Calem (she/her) : what a beautiful ballad!

18:34:57 From Jingyi Dong : Thank you dearest Linda!!!

18:34:59 From David Yamada-Dignigardener-Boston : Thank you Jingyi for sharing this music with us! It was wonderful to have you as part of our small group two days ago!

18:35:17 From Isabel B. : Such a beautiful song!

18:35:41 From Jingyi Dong : Thank you, dearest David!!!

18:35:41 From Beth Boynton (She/Her) NH USA : HumanDHS Resources r/t Day #1 Bonus session: Bonus Session Share: Warm-up Activities for Engaging & Connecting Your Groups on Zoom. [https://docs.google.com/document/d/1bdWmAM0nhH0srzI\\_q7RFfbFZToCeiYQEMkxqdMlerrY/edit?usp=sharing](https://docs.google.com/document/d/1bdWmAM0nhH0srzI_q7RFfbFZToCeiYQEMkxqdMlerrY/edit?usp=sharing)

18:36:09 From Michael DigniGardener NJ to Evelin - DigniGardener, Europe(Direct Message) : Thank you, Evelin! So well done, so clear, so moving!

18:36:13 From Michael DigniGardener NJ to Evelin - DigniGardener, Europe(Direct Message) : Michael B.

18:36:16 From Jingyi Dong : Thank you dearest Isabel!!!

18:36:37 From Peter Barus : Gordana, Bhante, Jingyi, Anna, and Peter enjoyed childhood! And at the same time, we were present to sorrow for the millions of humans in misery and conflict.

18:37:17 From David Yamada-Dignigardener-Boston : Elaine: Born to Be Wild!!!

18:37:39 From Sharon Steinborn : Elaine-How does one find out about NY Dignity Now.

18:40:25 From Janet Gerson DigniGardener NYC : Sharon and others interested in the Dignity Now group, please send an email to gerson@i-i-p-e.org

18:42:25 From Sharon Steinborn : Thank you!

18:47:34 From Howard Richards : "It is not the power of the pólice that creates the law. It is the moral strength of the law that makes it `possible to organize a pólice forcé." --Brierly

18:48:31 From Emmanuel Ndahimana : Thank you Howard

18:50:04 From Hank Greenspan : If you go to "standard view" the slides are much easier to read (as opposed to side-by-side)

18:50:07 From Evelin - DigniGardener, Europe to Thomas Daffern(Direct Message) : It is WONDERFUL to have you with us, dear!

18:51:15 From Thomas Daffern to Evelin - DigniGardener, Europe(Direct Message) : thanks.. ok I figured out how to do it (: loved your talk.. awesome but a bit scary.. 10 years to outgrow 12,000 years of behaviour !!!! help !

18:51:44 From Joanie Calem (she/her) : Philip thank you! I would love to connect with you after the workshop to tell you about the work I am trying to do with teqchers about invisible disability awareness!

18:52:33 From Evelin - DigniGardener, Europe to Philip Brown(Direct Message) : WONDERFUL, dearest Phil!

18:52:35 From Emmanuel Ndahimana : Dear Philip, how can we have this power point presentation?

18:53:32 From Mecke Nagel (she/her) : Thank you Phil. Your work resonates beautifully with my little project Sophia's Garden—teaching children philosophy through service learning (with college students). A local forest school is a place where Phil's core values are very well exemplified. More here: <https://www2.cortland.edu/centers/ceps/sophias-garden/>

18:54:34 From Janet Gerson DigniGardener NYC : Sounds great Mecke!

18:54:57 From Mecke Nagel (she/her) : Thank you dear Janet

18:58:18 From Philip Brown : My slides will be part of the conference resources on the website once Evelin pulls it together. If you want them earlier, email me philipmbrown@gmail.com

19:02:16 From Evelin - DigniGardener, Europe to Thomas Daffern(Direct Message) : Yes. HELP!

19:12:00 From Bhante Chipa- Dignigarner/Denver : This reminds me earlier this cleaning up Buffalo city

19:12:35 From David Yamada-Dignigardener-Boston : What a wonderful group in Hamelin! 😊

19:12:43 From Judit Revesz : Wonderful, it looked like that only women were at the river collecting the garbage.

19:13:07 From Isabel B. : Good point, Judit!

19:14:59 From Joanie Calem (she/her) : So impressive Andrea! There is a process in the states called Plastic Audits where we collect the plastic and then divide it into piles of the various companies that produced the plastic, and then send it back to those companies.

19:16:45 From Bhante Chipa- Dignigarner/Denver : I have to leave early for 30 minutes for lunch.

19:17:35 From Elaine - DigniGardener, NYC : Thank you for your participation Bhante!!

19:17:43 From Janet Gerson DigniGardener NYC : Enjoy Bhante, Thank you for your inside view on Burma Myanmar protests for democracy.

19:19:43 From Joanie Calem (she/her) : Love this song!

19:20:07 From David Yamada-Dignigardener-Boston : THIS IS WONDERFUL SINGING!!!

19:20:43 From Elaine - DigniGardener, NYC : Beautiful harmony!

19:21:53 From Isabel B. : Wonderful!!!

19:22:11 From Joanie Calem (she/her) : Lovely to see you singing along live Regina :-)

19:22:21 From Emmanuel Ndahimana : beautiful group

19:40:16 From Judit Revesz : So wonderful to be here with Everyone on day 3. Even though I could only join for a bit today. I may be able to come back later. Thank you for another amazing gathering. with love

19:40:51 From H  l  ne Lewis : Thank you so much EVERYONE for such an enriching experience. Your time and wisdom. And also group 1 - hope we'll be in touch and meet again. I have to leave soon unfortunately. Warmest blessings, H  l  ne Lewis SA 🍷

19:40:52 From Gisela Michalik : Michael called Evelin our "human blockchain"

19:41:40 From Evelin - DigniGardener, Europe to H  l  ne Lewis(Direct Message) : Dearest Helene, do not leave now, we wanted to have you for one moment!

19:41:44 From David Yamada-Dignigardener-Boston : Our group (Elaine, Mara, Peter), following up on Elaine's prompt to action, found ourselves very drawn to the NYC and Hamelin groups as examples of community building.

19:41:55 From Evelin - DigniGardener, Europe to Linda - DigniGardener, Oregon(Direct Message) : Dear, Helene has to leave soon...

19:42:10 From Linda - DigniGardener, Oregon : Thanks to all who would like to contribute support!

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19:42:17 From Linda - DigniGardener, Oregon : If you would rather contribute via a check:

Attn: Rick Slaven

HumanDHS

16 Northview Ct.

Lake Oswego, OR

97035

- 19:42:24 From Hank Greenspan : Looking for address...Go Brandeis!
- 19:43:28 From Peter Barus : Gordana, Emmanuel, Jingyi , Bhante, Anna, and Peter, got a little off-topic, about the encounter of indigenous culture with the colonial worldview
- 19:43:31 From Janet Gerson DigniGardener NYC : Actions -- educating, writing, offering therapy, researching for truth and transparency, educating for building empowerment, self-determination, for liberation from fear, forming circles for community support and activism.
- 19:46:59 From Peter Barus : --and we recalled times of solidarity with total strangers in foreign lands!
- 19:47:18 From Hayal Köksal : Dearest friends, do you in my small group my friends wanted to learn about the Istanbul Conference so I would like to share the report of it with you. I know Evelin had shared it in 2010 but it was 11 years ago. Here it is:
- 19:47:40 From Elaine - DigniGardener, NYC : Bhante Chipa's Nomad Monk videos at these links:
- 19:47:44 From Elaine - DigniGardener, NYC : Instagram  
<https://www.instagram.com/thenomadmonk/> and YouTube  
[https://www.youtube.com/channel/UCLe3Hb0\\_uy9Avq4m00pDNVA](https://www.youtube.com/channel/UCLe3Hb0_uy9Avq4m00pDNVA).
- 19:48:44 From Janet Gerson DigniGardener NYC : Carol Smaldino -- a "reluctant optimist"
- 19:49:01 From Hank Greenspan : Peace, power to all. Onward!
- 19:49:44 From Sultan Somjee : I commend both H  l  ne Lewis and Mecke who were in the Magic Room with me for looking into children's education to work with philosophical concepts. I would like to continue the talk with them. My email: fssomjee@gmail.com
- 19:49:44 From Hayal K  ksal : Dear friends, I also would like to invite you to our International project including 4 categories: K-12 students, university students, disabled friends and community groups. One of the project themes is Women rights and nonviolence... Lots of love.
- 19:50:06 From Carol Smaldino : Leaving but this was as wonderful as I could have expected. Thank you all.
- 19:53:12 From Hayal K  ksal to Evelin - DigniGardener, Europe(Direct Message) : I am glad you are living with your dad. This is the best thing. He also must be very happy.
- 19:58:16 From Hayal K  ksal : My internet connection is very bad. On Saturdays many people enter it. Sorry. I loved the content of the workshop very much. Congratulations indeed. It is very helpful for most of us.
- 20:00:09 From Evelin - DigniGardener, Europe to Hayal K  ksal(Direct Message) : I LOVE YOU!!!
- 20:03:59 From Hayal K  ksal to Evelin - DigniGardener, Europe(Direct Message) : I LOVE YOU, TOO MY DEAREST. MY HOME IS A DIALOGUE HOME YOU KNOW. YOU ARE THE MOST WELCOMED.

20:04:00 From Ada Aharoni : Can you please put on my Video on please, so I can go back to my grandson's birthday? Thanks Ada Aharoni

20:04:16 From Peter Barus : Darcia Narvaez [Neurobiology and the Development of Human Morality: Evolution, Culture and Wisdom] EvolvedNest.Org (podcasts, info, and monthly newsletter)

Also see DarciaNarvaez.com

20:04:39 From Fonkem Achankeng I : Very great sharing of ideas!

20:04:40 From Martha Eddy : For those of this community who are interested in the fact that every action/behavior involves the body, the brain and movement. I am involved with studies with Behavioral Medicine, Somatic Education, Trauma-informed studies in diverse childhood to adult and cultural studies please feel free to email me at DrMarthaEddy@gmail.com Thanks for the juicy discussion during the coffee break. And HUGE thanks for the music from ISABEL too. It helps to balance my own nervous system and also makes me want to dance! Ubuntu.

20:04:47 From Ada Aharoni : Prof. To Dear Linda,

20:05:00 From Peter Barus : Darcia and Four Arrows' book

<https://www.northatlanticbooks.com/shop/restoring-the-kinship-worldview/>

20:05:33 From Janet Gerson DigniGardener NYC : Thank you Peter, so glad you added that to the chat

20:05:56 From David Yamada-Dignigardener-Boston : Beautiful images.....

20:06:42 From Regina Rauch : Thank you very much, Isabel! Wonderful...

20:07:39 From Joanie Calem (she/her) : Isabel that was beautiful. I love that sound!

20:09:15 From Isabel B. : Thank you for your kind words!

20:09:49 From Alfano Nora : Brian, Loved your poem. Hope to come to see where Burt Monroe lived someday.

20:11:17 From Peter Barus : beautiful! Thank you Karin!

20:11:37 From Joanie Calem (she/her) : Love the cadence of night and day...thank you Karin!

20:11:41 From Fonkem Achankeng I : Wishing Evelin, Linda, and the entire DHS family a wonderful end of the year after a great meeting, I would like to take early leave for another meeting on the war against my home country of ex-British Southern Cameroons. With much love,

20:12:08 From Janet Gerson DigniGardener NYC : Powerful poem, beautifully read -- thank you, Karen

20:12:26 From Peter Barus : Thank you Fokem!

20:14:59 From Brian Ward : The River of Life

I float

I float on the river of life

I get washed under only to rise again

I bump into the bank only to bounce back  
I can steer myself but cannot steer others  
I can only show others how I steer myself  
It's wonderful I am part of the river  
And once I reach the river mouth  
I become part of the sea of everything  
That make all journeys possible

- 20:15:23        From Brian Ward : Thankyou for your thankyou!
- 20:19:50        From Peter Barus : I Declare Dignity and World Peace, NOW.
- 20:19:52        From Ariel : I declare Dignity and World Peace NOW
- 20:20:06        From Alfano Nora : Beautiful poem, Brian
- 20:24:06        From Joanie Calem (she/her) : Thank you Ada for those words!
- 20:24:08        From Alfano Nora : Thank-you, Ada
- 20:24:17        From Elaine - DigniGardener, NYC : Thank you Ada. Beautiful poem and ideas!
- 20:28:23        From Howard Richards : Our dialogue home in Chile has a website [www.chileufu.cl](http://www.chileufu.cl)  
namaste
- 20:29:12        From Mecke Nagel (she/her) : Thank you Howard, Sultan, Helene, and Isabel. Very  
much nurtured by our inspiring dignilogue
- 20:30:44        From Martha Eddy : Yay to the poets. Will we invite Drew Dellinger to our Dignity  
gatherings some time? I have his email. Do you know his environmentally driven poetry.
- 20:38:40        From Joanie Calem (she/her) : yes, respect even when we disagree!
- 20:42:00        From Isabel B. : That was great. Deepak suggestions sounded as wise as Moses  
Decalogue!
- 20:42:45        From Janet Gerson DigniGardener NYC : Karin, here we go with what you  
mentioned!
- 20:43:22        From Karin Dremel : yes, Janet, wonderful to see and hear her
- 20:44:14        From Mecke Nagel (she/her) to Evelin - DigniGardener, Europe(Direct Message) :  
Hi Evelin, I am ready, if you like me to talk. Thank you! And looking forward to reading your book.
- 20:47:48        From Mecke Nagel (she/her) to Evelin - DigniGardener, Europe(Direct Message) :  
Thank you, dear Evelin
- 20:47:49        From Joanie Calem (she/her) : Exactly Mecke, we don't need to be socially distanced  
but just physically distanced...
- 20:48:33        From Janet Gerson DigniGardener NYC : Perfect, Mecke!!!
- 20:48:54        From Isabel B. : Add R and F to a poet, and you get a pRoFet.
- 20:49:38        From Mecke Nagel (she/her) : I Love that, Isabel! Poets and profets dancing  
together



20:50:05 From Isabel B. : YES. Just muting the Rational and leaving space for the Intuitional side.

20:50:07 From Mecke Nagel (she/her) : Thank you also, Sultan, for leading the way

20:50:18 From Peter Barus : Sultan, what a creative and effective work of art!

20:56:42 From Catharina Carvalho : Sending you positive vibes for your health, Fatma!

20:57:44 From Catharina Carvalho : Most welcome!

20:57:56 From Catharina Carvalho : Will do!

21:10:24 From Peter Pollard : Thank you all. Inspiring as always

21:11:33 From Karin Dremel to Evelin - DigniGardener, Europe(Direct Message) : Thank you, Linda. BIG thank you

21:11:38 From Sharon Steinborn : Thank you Linda and Evelin-This is my first time being here and it was so amazing!

21:12:15 From Alfano Nora : Thank-you for this conference.

21:12:16 From Peter Barus : Disgnists unite!

21:12:46 From Hayal Köksal : Thank you very much for this wonderful workshop. Loves to all from Istanbul.

21:15:35 From Alfano Nora : Sharon,, Would love to work with you about how we could help the world understand dignity. If you are interested, please contact me. nmpatrolia@gmail.com

21:15:41 From Catharina Carvalho : Thank you for the wonderful experience of participating in this conference even if only partially. Thank you for the wonderful role-modeling!!!! I feel honored I got to be with such a special group of human beings!!!!

21:16:50 From Janet Gerson DigniGardener NYC : Super, Gershon!!!

21:18:53 From Isabel B. : Araham Sammasambuddha, I remember that mantra!

21:19:36 From Bhante Chipa- Dignigarner/Denver : Yes, Isabel

21:22:55 From Martha Eddy : I want to lift up all the wonderful male-identified people who join this conference. The tenderness in this group across male and female strengthens all of us. My take away is we are - Intensifying our Compassionate Community of Activists for Dignity!!

21:23:59 From Michael DigniGardener NJ : Thank You, Martha! As a male, such a blessing you are and this message from you is!!

21:24:53 From Martha Eddy : Need to have those wonderful animal eyes and ears that Chipa has! How wonderful to meet the Future and Enlightenment through you!!

21:25:12 From Karin Dremel : Thank you, planners and ALL. I have to go and begin savouring everything I will take away and leave with you.

21:25:19 From Elaine - DigniGardener, NYC : Awe and wonder!!

21:25:22 From Martha Eddy : Thank you Evelin for reminding us of Awe and Wonder. Thank you EveLinda!!

21:25:57 From Martha Eddy : And sending love to LINDA and to your HUSBAND too.

21:29:22 From Peter Barus : peter@attentionage.com is a good way to reach Peter

21:31:26 From Linda - DigniGardener, Oregon : THANKS FOR MAKING A WORKSHOP OF AWE AND WONDERFUL!!!!

21:31:36 From Linda - DigniGardener, Oregon : Stay safe and healthy!!!

21:31:48 From Linda - DigniGardener, Oregon : We will miss you!!! ALL OF OUR LOVE!!!

21:32:25 From Catharina Carvalho : Thank you for a wonderful conference and see you next year!!!! Love and peace to you all!!!!

21:32:41 From Linda - DigniGardener, Oregon : Thank you, dearest Martha, for sharing such an inspirational moment of awe and wonder!!!

21:32:57 From Linda - DigniGardener, Oregon : We RISE UP IN DIGNITY!!!

21:33:07 From Joanie Calem (she/her) : Martha that is such stunning work on your part and all of these wonderful dancers. Bye everyone. So nice to meet all of you and I so look forward to connecting with many of you in the days and weeks to come...joaniecalem@gmail.com

21:33:14 From Hayal Köksal : I LOVE YOU ALL . I WILL MISS YOU...

21:33:15 From Bhante Chipa- Dignigarner/Denver : Stay safe, stay healthy, miss you all until next year. You all be in my prayers, in my thoughts. Blessings and much Metta

21:33:21 From Mara-DigniGardener-Vienna today : LOVE

21:33:51 From David Yamada-Dignigardener-Boston : Beautiful video.....😊

21:33:59 From Mecke Nagel (she/her) : Moving song, thank you all!

21:34:21 From Martha Eddy : Much love to all of you. We hope you'll join us dancing throughout the year!! Visit us at <http://www.MovingForLife.org>

21:37:08 From Evelin - DigniGardener, Europe : Lasse Moer

21:37:56 From Evelin - DigniGardener, Europe : lassemoer.no

21:38:19 From Hayal Köksal : I MUST LEAVE NOW. BYE DEARESTS

21:38:31 From Elaine - DigniGardener, NYC : Bye

21:38:32 From Fatma DigniGardener, PA : Gule Gule Hayal!

21:39:25 From Angelica Walker : Bye! I had a wonderful time. I have learnt a lot! Thank you

21:40:43 From Brian Ward : Bye for now - thankyou thankyou!

21:41:47 From Howard Richards : Gotta Split now. peace and love HR

21:42:06 From Fatma DigniGardener, PA : Bye Howard!

21:42:44 From Catharina Carvalho : Thank you all! FArewell!

21:43:01 From Peter Barus : peter@attentionage.com

21:43:03 From Catharina Carvalho : bye!!!!

21:45:41 From Martha Eddy : May your 2022 be WONDER-FILLED. May moments of AWE bless you and give you sustained energy to keep up with facing the challenges and enjoying the bliss. Thank you to all the DIGNI-GARDENERS.

21:49:09 From Gershon : CIAO to all