

My way ahead is long; I see no ending;
yet high and low I will search with my will unbending.

--- Qu Yuan (340-278 BC)

The Story of Evelin Lindner

The video: <https://youtu.be/gjMKpqQ6Uz8>

The video with English subtitles: <https://youtu.be/53F09G4mYf0>

Evelin is the initiator of HumanDHS.

Evelin is the co-founder of World Dignity University initiative.

Evelin is doctor of medicine and psychology, and a scholar in social science.

Evelin is the winner of many prizes.

2006 SBAP Award for Extraordinary Performance in Applied Psychology

2009 "Prisoner's Testament" Peace Award

2014 HumanDHS Lifetime Award

Nominated for the Nobel Peace Prize in 2015, 2016, 2017

Evelin was born in Germany.

But she takes the whole world as her home.

Evelin has a rich and legendary life experience. Her tour has covered the world and she has been to China.

Evelin has unusual talent in language and has a mastery of many languages at different levels, including English, German, Russian, Latin, French, Norwegian, Arabic, Chinese, Hebrew, Indonesian, Japanese, Portuguese.

Evelin has been studying and working in many countries of the world, including Germany, Egypt, Norway, China, Israel, France, Australia, Japan.

Evelin is versatile and has a wide range of interests, including flying, design of architecture and clothes, fine arts.

Evelin's childhood and youth were full of hardship.

Because of the historical background of those times and her unique personal experience, she can offer extraordinarily profound reflections on the issue of humiliation and dignity.

Evelin has many publications, among which “Making Enemies” brought fame to her. It was widely noticed as soon as it was published.

The book was honored as "Outstanding Academic Title" by the journal *Choice* for 2007.

This is a pioneering work that establishes humiliation and dignity as an independent academic subject,

covering the area of psychology, sociology, anthropology and other disciplines, involving the culture and history of many countries and nations.

She presents a large number of relevant pieces of evidence which shock the human heart; she provides a convincing analysis and interpretation to show the destructiveness of humiliation in interpersonal relationships, intranational relations, and international relations;

and she brought all this into a systematic theoretical framework.

The author has proposed many thought-provoking ideas and constructed a number of rigorous concepts.

Evelin recognizes the differences between people in areas such as profession, economy and in social status.

But she believes that the abuse of such differences means humiliation to human dignity and constitutes the source of violence.

Ultimately, Evelin points out a way forward for us, which is not to overlook the problem of humiliation, not to deny it, nor react with violence, but to transcend humiliation and achieve what she calls *egalization*.

Evelin’s extensive and rich learning and her devotion and love, as well as her versatility and rich imagination, are impressive.

Evelin’s kind consideration, ability to understand others, and nuanced tenderness when she relates to people are equally impressive.

Evelin’s story touches many to tears.

It is because of all those myriads of virtues and personal charisma that more and more people are deeply touched and inspired by Evelin to participate in the discussions on humiliation and dignity.

As a result, Human Dignity and Humiliation Studies now come into being as a new discipline full of vitality.

The Chinese version of “Making Enemies” will soon be published.

The whole work is full of moral feelings which originate from her deep sorrow when seeing the world suffering so bitterly, feelings which originate from her love and devotion to all human beings, shining with the light of humanitarianism.

This book abounds with wonderful comments related to humiliation and dignity.

"The powerful remain blind to the feelings of humiliation they cause in their subordinates until those feelings reach boiling points."

The privileged groups' "superiority may have humiliating effects on those who are less privileged and neglecting this phenomenon may be dangerous."

"What was accepted before as 'normal' should be rejected now as humiliating."

People's "expectations of equal dignity and opportunity rise, and any attempt to lower the expectations of any one group becomes an offense against all groups, and a threat to the hope for a new and better social order."

Confucius advocates for universal love for all human beings. Evelin is the real practitioner of this Confucius idea.