# **Introduction to the Oppression Questionnaire (OQ)**

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Oppression may be defined as the subjugation of one group by another, enforced by asymmetrical power, and often enforced by threats of or by actual violence. Oppression is a major factor in human collective conflicts, and probably in national and international security, war and peace. It is acknowledged that there exists no objective measure of oppression. For the purposes of political psychology, however, it may be very important to investigate the *subjective experience of subjugation in asymmetrical power relationships*, that is, perceived oppression.

Perceived oppression includes both the understanding of being oppressed (cognition) or the feeling of being oppressed (emotion) experienced by members of an outgroup in conflict with a more powerful ingroup. Multiple instruments have been created, normed, and validated as measures of the related notions of bias, discrimination, or prejudice. Indeed, there is substantial overlap between the concept of oppression and discrimination, bias, or prejudice. However, to discriminate between, to feel or express bias, or to feel or express prejudice does not invariably imply either an asymmetrical power relationship nor enforced subjugation. So, for example, African Americans may be prejudiced against European Americans, or Palestinians may be biased against Israelis, but neither group would be realistically regarded as an oppressor. No prior instrument attempting to measure the important construct of perceived oppression exists in the world's psychological literature. The goal of the Oppression Questionnaire (OQ) is to develop a simple but useful (and hopefully psychometrically sound) measure of perceived oppression.

In addition to the interdigitating issues of the cognitive and emotional aspects of perceived oppression, evidence exists that oppression often involves both 1) the outgroup members' perception of how they are treated by the ingroup, and 2) the outgroup members' attribution of attitudes and intentions to the ingroup. The OQ is designed to assess both of these aspects of the experience of oppression. For this reason, in alternating clusters of questions, one half of the queries in the OQ address the subjective experience of *feeling* oppressed ("Felt" Oppression = items 5, 6, 7, 8, 13, 14, 15, 16, 21, 22, 23, 24, 29, 30, 31, 32), the other half address beliefs or positions that the subject *attributes* to the oppressive ingroup ("Attributed Oppression" = items 1, 2, 3, 4, 9, 10, 11, 12, 17, 18, 19, 20, 23, 24, 25, 26). Note that the subtleties of language such as passive or active voice that were used in writing these items may or may not prove to meaningfully distinguish the two postulated constructs, <u>Felt</u> and <u>Attributed</u> Perceived Oppression. Only substantive research will test this hypothesis.

Furthermore, a review of the literature suggests multiple components to the experience of oppression, including discrimination, injustice, humiliation, control, and abuse. Although these overlap, the OQ attempts to address possible differences in the degree to which members of outgroups experience each. Items 1 - 8 address discrimination. Items 9 - 11 and 13 - 15 address injustice. Items 12 and 16 address humiliation. Items 17 - 24 address control. Items 25 - 32 address abuse. It remains to be confirmed whether measures such as factor or cluster analysis of population results will support these *a prior* clusters.

This is a pilot instrument. The items were written based upon an extensive review of the literature on oppression. However, only further research and testing of items from this or from a longer list will determine whether (1) some or all of these items account for a significant proportion of the variance in total scale scores, (2) some or all of these items correlate with possible external validators such as measures of emotional distress, social stress, or discrimination, (3) total scores or subscale scores meaningfully differentiate populations intuitively judged to experience political oppression.



Oppression Questionnaire Jeff Victoroff, M.D.

Today's date\_\_\_\_\_ Your Name\_\_\_\_\_ Your Age\_\_\_\_\_ Your Gender (circle): M F

The statements on this form ask how you feel people with power have tended to treat you and others in your social group over the last year. Please read each statement carefully and decide how well it describes your feelings.

#### Please circle the ONE biggest reason you (or your group) tend to be treated differently:

1. My race or ethnic group		2. My religion or beliefs	3. My sex	4. My sexual
(What group	)	(What religion?)		orientation

5. Other reason for different treatment?

## Please circle the ONE group that most tends to treat you and members of your group differently:

1. My parents	2. My teachers 3. The police	4. My o Goveri		5. Anoth Govern	ner ment (Which?)
6. Another race or ethnic group (What group		_)	8. Members of t opposite sex	he	9. People with a different sexual orientation
10. Other grou	up that treat you differently or	unfairh	v?		

## Please put a check mark in the one answer that best describes your feelings

	Not at all	A little	A fair amount	A great deal
Some people look down on me and my group				
They consider us to be inferior				
They don't care about us				
They think we are not as good as them				
My group is often looked down upon				
We are treated as if we are inferior				
We are not cared about				
We are not considered to be as good as others				
Some people treat us unjustly				
They don't give us equal rights				
	They consider us to be inferiorThey don't care about usThey think we are not as good as themMy group is often looked down uponWe are treated as if we are inferiorWe are not cared aboutWe are not considered to be as good as othersSome people treat us unjustly	at allSome people look down on me and my groupThey consider us to be inferiorThey don't care about usThey don't care about usThey think we are not as good as themMy group is often looked down uponWe are treated as if we are inferiorWe are not cared aboutWe are not considered to be as good as othersSome people treat us unjustly	at alllittleSome people look down on me and my groupImage: Comparison of the second	at alllittle amountSome people look down on me and my groupImage: Comparison of the sector

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	Victoroff, M.D.	Draft 02/02/05
11	They don't give us a fair chance	
12	They want to humiliate us	
13	My group is often treated unjustly	
14	We are denied our equal rights	
15	We are not given a fair chance	
16	We feel humiliated	
17	Some people try to control us too much	
18	They block our chances for happiness	
19	They keep us from living the way we want	
20	They want us to live in segregation	
21	My group gets controlled too much	
22	We are denied our chances of happiness	
23	We are not allowed to live the way we want	
24	We are forced to live in segregation	
25	Some people verbally abuse us	
26	They want to physically hurt us	
27	They actually physically attack us	
28	They try to kill us	
29	My group is often verbally abused	
30	We are considered good targets for attack	
31	We are physically attacked by others	
32	We are killed by others	