

**Conflict Resolution: Spirit & Technique**  
**A comprehensive course taught for law enforcement officers, critical  
incident workers and other emergency first responders**

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This course is an amalgamation of eastern martial arts philosophy and western psychology aimed at enhancing safety & professionalism and decreasing complaints & stress of course participants. Taught by veteran detective, hostage negotiator, and police trainer James Shanahan, this workshop explores the ENERGY of conflict, discusses ETHICS, diagrams EGO deflation, and promotes EMPATHY.

This presentation is informed by James Shanahan's thirty years of experience in law enforcement, his many years of service as a senior instructor at his agencies police academy and John Jay College of Criminal Justice, as well as theater, TV, and film experience, as well as a life time of traditional Japanese martial arts training.