

The impact of humiliation on the mental health during a destructive conflict

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Abstract

Humiliation is a powerful and dangerous mean which is often used in many destructive conflicts, as in family, school, and work. Most of the research on clinical psychology reported humiliation has negative consequences on the mental health because it directly influences the personal and social perceptions. This contribution is aimed 1) to briefly highlight the state of art of the research about the assessment of humiliation consequences on mental health and 2) to delineate future research lines to better understand the effect of humiliation on mental health.